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President: Mary Qualls

www.womensbusinessforum.com

A Word for the President



Don't be afraid to give your best to what seemingly are small jobs. Every time you conquer one it makes you that much stronger. If you do the little jobs well, the big ones will tend to take care of themselves.

Dale Carnegie

When a man realizes his littleness, his greatness can appear.

Herbert George Wells

Monthly Meeting

Our September 14th meeting is a Guest meeting and will be held at the Champions Golf Club starting at 11:30 am. Roll call will be called by Angela Jackson American Academy of Dance. Please bring a door prize.

The Inspiration will be given by Judy Crocker/StarTex Title Co.

Please remember there is a dress code and that you are to turn off your cell phones during the meeting.

The Executive Board

Meeting will be held on September 28, 2011 at 8:15 am hosted by Linda McAdams at The Sterling Bank Champions Branch.

Please remember the deadline for the newsletter is the 1st of every month. If you have a special event, a big sale or a story you would like to share about your business please send it to marysflowers1@att.net.

Presentation of Texas Horse to Patricia Harless

Article by: Mary Denney

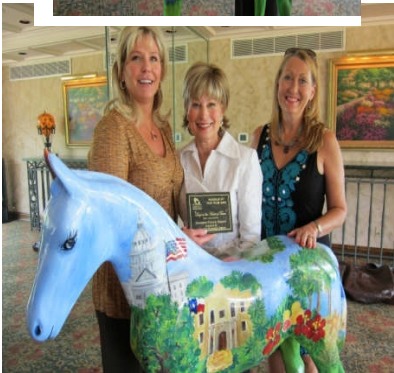
What a surprise! Patricia thought she was simply Mary Denney's guest at the luncheon. She was so-o-o delighted with the horse, and has taken it back to Austin to live at The State Capital. Now we should organize a trip to Austin to see Patricia and her favorite horse - what do you think??

It was no easy task getting Patricia or the horse to the luncheon. Patricia's schedule

was a nightmare with the added House Sessions. If I had not had the help of Carol Cobb and Linda Fowler, the horse would never have made it to Champions. They were wonderful!

What a pleasure, to not only give the horse to Patricia, but to donate \$1,000.00 each to NAM and the Pearl

Museum, both in the name of WBF. Way to go ladies!!



WBF Presentation of Poney To Patricia Harless. Photo's by Kim McCulley.

MLD Happenings!!

Article by: Mary Denney

MLD Limited is holding a fashion show at The Houston Racquet Club on Memorial Drive on September 22 - 24. Come and visit to see the latest in fall fashion.

MLD is also holding a fashion show on September 29, 2011, benefiting

Dress for Success, and in conjunction with Heritage Properties, a sponsor Of the event.

In February 2012, MLD is also participating with a fashion show for the Go Red Luncheon sponsored by the women at Bechtel Corp. More

details will be forthcoming.

Lastly, in March and April of 2012 MLD will be doing fashion shows at The Houston Country Club and River Oaks Country Club. More details will be made available soon.

Sterling Bank/Comerica Bank Women's Business Initiative

Article by Linda McAdams

Please make plans to join us on September 28 at the Junior League Houston (1811 Briar Oaks Lane) as [Vickie Milazzo](#) shares insights from her new book, ***Wicked Success is Inside Every Woman***. Vickie is founder and president of Vickie Milazzo Institute, a bestselling *Wall Street Journal* author and *Inc. Top 10 Entrepreneur*. Attendance is always free for Sterling Bank/Comerica Bank customers and

first-time attendees. The fee for others is \$35. Check-in and networking begin at 11:00 a.m. Lunch will be served at 11:30. The program will conclude at 1:00 p.m. Location: Junior League Houston, 1811 Briar Oaks Lane, Houston TX 77027. Registration is required by September 26. It is requested that each attendee register www.banksterlingwbi.com. Click on **Events** and move calendar to September, select

September 28, 2011 which is the Houston event.

Thanks and have a great day.

Linda S. V. McAdams
Business Banking Specialist
Community Banking
Sterling Bank – a Division of Comerica Bank

2011 Women of Excellence

Article by: Pat Durham

The Federation of Houston Professional Women and FHPW Educational Foundation present the

Women of Excellence Awards Gala

"Black and White and Red All Over"

**September 17th, 2011
Reception/Silent Auction at 5:30 p.m.
Dinner at 7:00 p.m.**

**Hyatt Regency Downtown
1200 Louisiana St.
Houston, TX**

The Women's Business Forum proudly presents our Honoree for 2011, Ms. Pamela Bunch.

The Federation of Houston Professional Women and the FHPW Educational Foundation holds this annual event to honor outstanding business

women from our member organizations and to raise funds to support scholarships for women to our community.

FHPW, founded in 1981, is a powerful force in the city and is presently the fifth largest professional organization in Houston. It is comprised of over 50 professional business women, with over 5,000 members focusing on education, networking, specific careers and community service. The FHPW Education Foundation awards scholarships and gifts to aid and advance the education and knowledge of women in the community. **If you would like to support Pamela and FHPWEF, but are not able to attend the Gala, please consider a donation of any amount towards WBF' Scholarship Fund.**

For additional information, please

contact Kim McCullough or Pat Durham

Chronicle, Northwest Section, featured Pat Durham

Article Submitted by Pat Long



WOW! Our own Pat Durham is featured in today's (August 25, 2011) Chronicle, ie., the northwest section involving Cypress, Champions, Spring, Tomball, etc., under the section, Ultimate Event of the Week. According to the article, Pat will present at the Networking Luncheon of

the Greater Tomball Area Chamber of Commerce at the Elmer L. Beckendorf Conference Center located on Tomball Parkway.

The presentation of the advertisement was impressive, and so are you, Pat!

The Women's Business

Forum is fortunate to have you as a member. We salute you, and we support you in all that you do.

Speaker for September Meeting



Susan M. Repka

Executive Director for the Women's Business Enterprise Alliance (WBEA) has served in many capacities within the organization for over 12 years. She served as the Certification Manager since 2001 where she led the certification process of all women business enterprises (WBEs). In 2005, Susan was named Assistant Director in addition to her duties as

Certification Manager. She currently serves on the Women's Business Enterprise National Council's Board of Directors, the Advisory Boards of the Texas Business Alliance and the Houston Area Score. While serving as Certification Manager for WBEA, the organization has grown from 200 members to 750 to date. Considered an expert in the certification, Susan pioneered some of the processes still currently in place and used around the country.

Prior to joining WBEA

in 1997, Susan worked in the College of Business at Prairie View A & M University. Susan lives in Hempstead, Texas and is happily married with two grown children, and proud grandmother to four active grandchildren.

Lifestyles and Home Magazine

Submitted by: Carol Fellbaum

Was that WBF's own Virginia Alford seen on page 18 of Cy-Fair Lifestyles & Homes magazine?

Well, yes it was. Virginia was "scene" greeting golfers during the 2011 EB30 Golf Tournament.

The golf tournament raises money for the Eric Bassett Memorial Scholarship Fund which in turn awards a 4-year scholarship to a deserving CFISD graduate.

Virginia, thank you for all the hard work you do in our community.

Introducing Venus Freeze™

Submitted by: Lauren Olson

When you hear the words "Venus Freeze" what comes to mind? Perhaps you think of the ancient goddess of love and beauty frozen in time. That image is not too far off the mark. A completely safe and revolutionary technique, Venus Freeze relies on dense, synergized energy frequencies and magnetic pulses to tighten skin, reduce cellulite, and diminish wrinkles.. Unlike older technology, it is pain free! The results reveal themselves gradually over the course of a few months. It's less like you're frozen in time and more like you're going back in time, losing those faint but irritating wrinkles or the cellulite you've never been able to lose no matter how much weight you shed. Radiance is the first in the Greater Houston area (and currently the only) clinic to offer Venus!

Countdown to the Holidays

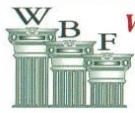
The average American gains one to five pounds during the holidays, so now is the time to reduce before we are confronted with those tempting treats. So if you are already fighting a few excess pounds, now is the time to get a "head start".

Whether you need to lose weight, sculpt away those diet and exercise resistant fat bulges or tighten flabby skin, Radiance has solutions.

- Center for Medical Weight Loss – We start with a thorough medical evaluation to determine if there are underlying issues that contribute to weight gain and resistance to weight loss. Then we customize your regimen to your life style and preferences. Diets fail for three reasons; lack of an organized program, hunger and lack of accountability. We address all three!
- Cool Sculpting™ by Zeltic – Ideal for those fat bulges that are resistant to diet and exercise, we freeze away the fat safely with this FDA cleared non-invasive technique.
- Venus – The latest FDA cleared non-invasive way to tighten skin, reduce cellulite and diminish wrinkles painlessly. We are the first in the Greater Houston area (and currently the only) clinic to offer Venus!

HEARTS AND HEELS NEWS

Women's Business Forum 3rd Annual Benefit Luncheon



Wednesday, January 11, 2012
11am ~ 2pm at Shirley Acres
217 Woerner Road
Houston, TX 77090

Mistress of Ceremonies:

Deborah Duncan
KHOU Channel 11's Host of
greatday
Houston 

Entertainment by:



Cypress Woodlands Jr. Forum
The Melodies - Hit Parade!

2012 Proceeds Benefitting:

Cypress Woodlands Jr. Forum

 LONE STAR
COLLEGE
FOUNDATION
LoneStar College Foundation



Liberty Path

Shopping & Prize Drawings

Hearts
In
Heels

R
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P

The Hearts and Heels event has the following deadlines we need to be aware of. October 12th will be an update meeting. November 30th this meeting is to finalize the plans for the event and to complete contracts. December meeting is to finalize plans for event. January 4th is the final meeting to finalize all plans. If you have any questions please email Angela Jackson or Mary Denney.

Send Articles to:
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(281) 537-6279

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E-MAIL:
marysflowers1@att.net

We're on the Web!

See us at:

www.womensbusinessforum.com

SEPTEMBER BIRTHDAYS

Linda McAdams
September 4th

Pamela Bunch
September 21st



SYLVIA *Fact Sheet*

Who: The Texas Repertory Theatre Co.

What: **SYLVIA**
Written by A.R. Gurney
Directed by Steve Fenley

When: **August 18th through September 11th**
Thursdays @ 7:30pm
Fridays & Saturdays @ 8:00pm
Sundays @ 3:00pm

Where: The Texas Repertory Theatre
Northwoods Plaza
14243 Stuebner Airline Rd
Houston, TX 77069

How: Admission: \$35

Preview (Thursday, August 18th): \$25

Opening Night Gala: \$45

Senior and Student Discounts

Box Office: 281-583-7573

Web: www.texreptheatre.org